

Instructions for Photographs

Digital photographs can be emailed to info@drdavidhidalgo.com. A dark background is best. Glare or reflections should be avoided. Please follow the site specific instructions below and then send us the photographs for review.

Liposuction Photographs

- ❖ Thighs, front view: Take standing with legs slightly apart. Include from the bottom of the breasts to just below the knees. A thong bikini bottom is preferred.
- ❖ Thighs, rear view: Same pose. Include from the middle of the back to just below the knees.
- ❖ Abdomen, front view: Include from the lower breasts to upper thighs for all abdomen views..
- ❖ Abdomen, left side view
- ❖ Abdomen, right side view

Breast Photographs

- ❖ Front view: Include lower neck to belt line (4" below navel) for all views.
- ❖ Left oblique view: Partially turned to the left side (45 degrees from front).
- ❖ Left side view: Completely turned to the left side (90 degrees from front).
- ❖ Right oblique view: Partially turned to the right side (45 degrees from front).
- ❖ Right side view: Completely turned to the right side (90 degrees from front).

Facial Photographs

- ❖ Face, front view, in repose: Include from the top of the head to the collar bone for all face views.
- ❖ Face, front view, smiling
- ❖ Face, left side view
- ❖ Face, right side view
- ❖ Eyes front view, in repose: Turn camera sideways (landscape view). Include from the middle of the forehead to the tip of the nose for all eye poses.
- ❖ Eyes, front view, smiling
- ❖ Eyes, front view: Normal head position but roll eyes all the way up.

Male Breast Reduction (Gynecomastia) Photographs

- ❖ Chest, front view: Include lower neck to belt line for all views.
- ❖ Chest, left oblique view: Partially turned to the left side (45 degrees from front).
- ❖ Chest, right oblique view: Partially turned to the right side (45 degrees from front).

Nasal Photographs

- ❖ Front view, in repose: Include from the top of the head to the collar bones for all views.
- ❖ Front view, smiling
- ❖ Front view: Look at the ceiling so the nostrils face the camera.
- ❖ Right side view: One in repose and also one smiling (2 images).
- ❖ Left side view: One in repose and also one smiling (2 images).